

MAY 2022

Forestville Middle/High School

LUNCH



An Equal Opportunity Employer

Available Daily: Salad Bar & PBJ
Chocolate, Strawberry or 1% Milk



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?

MONDAY

Pork Chop Patty **2**
Mashed potato
Carrots
Fruit

Assorted subs **9**
Chips & Salsa
NYS Yogurt

Lasagna Rollups **16**
Toss salad
Fruit cup

Chicken Parm on bun **23**
Mashed Potato
Carrots
Fruit cup

Memorial Day **30**

No School

TUESDAY

Chicken Fingers **3**
French fries
Carrot & celery sticks
Fruit cup

Fetticine Alfredo **10**
Toss salad w/mixed greens
Bread & Butter
Fruit

Ham, Egg & Cheese **17**
Breakfast Sandwich
Tator tots & Carrots sticks
NYS Yogurt

Spaghetti **24**
With Sauce & Breadstick
Broccoli
Fruit

Sloppy Joes **31**
Crinkle cut fries
Baked Beans
Fruit cup

WEDNESDAY

BBQ pulled Pork **4**
Sandwich
Sweet potato fries
Broccoli & **NYS Yogurt**

BBQ Chicken sandwich **11**
Peas-n-carrots
Fruit cup

Turkey Gravy over **18**
Brown Rice
Carrots
Fruit

BBQ Turkey Sandwich **25**
Smile fries
Green Beans
Frozen Fruit cup

THURSDAY

Cinco De Mayo **5**
Tacos/Fajitas or
Enchiladas
Black Beans & Fruit cup

Hot dog on bun **12**
NYS Chips
Carrot sticks & baked beans
Fruit

Mac-n-Cheese **19**
Corn muffin
Green beans or Broccoli
Fruit

Taco in a bag **26**
With lettuce & Cheese
Corn & Black Beans
Fruit Cup

FRIDAY

School Lunch Hero Day **6**
Cheese & Pepperoni
Or Cheese Pizza
Tossed salad w/ mixed greens
Fruit

Chicken Finger **13**
Or Cheese Pizza
Broccoli
Fruit cup

C & P or Cheese Pizza **20**
Broccoli
Fruit Cup

Supreme or **27**
Cheese Pizza
Corn or Romaine toss salad
Fruit

